

ELITE CLASS REQUIREMENTS



We have added an ELITE class program to our class roster this year. The ELITE classes are put in place for those students who have made a commitment to dance as their number one priority. We realize that our dancers are involved in many activities and some may not choose to make the commitment to the program. This program is not taking place of the advanced classes of Pom and Clogging, which will still be available to our students grades 9-12, but is an extension of those classes for those that can make a deeper commitment to those programs.

ELITE PROGRAM REQUIREMENTS

The students interested in the ELITE class program must audition for class placement. Students must also agree to miss no more than 9 classes for the entire season. If they miss more than 9 lessons, they will be dropped from the recital performance without a refund of costume expenses.

Students must come to class the following week after an absence knowing the material that was given the week that they missed. Students should always be dressed properly (hair up and proper dance attire) as well as maintaining a positive attitude throughout practice. Students that make the ELITE Classes for Pom and Lyrical are also required to take the Conditioning, Tricks, and Acrobatics class. This class is provided on Thursdays from 8-8:45pm and is an Add-on class. Students that make Elite Clogging are not required to take the Conditioning, Tricks, and Acrobatics class.

All students who would like to try out for the ELITE class program, please still register for the Advanced level add-on class as that will be where students will be placed if they do not meet the tryout requirements this dance year.

ELITE CLASS REQUIREMENTS

Below are the individual requirements for the 3 ELITE Program classes

- ELITE Pom
 - Double Toe Touch
 - Clean Double Pirouette
 - Clean Turning Disc
 - 3 A La Secondes (turns in 2nd position)
 - Clean Side Leap
 - Clean Reverse Leap

- ELITE Lyrical
 - Triple Pirouette
 - Clean Calypso Leap
 - 3 A La Secondes (turns in 2nd Position)
 - Inside Pirouette into a Arabesque
 - Clean Leg Over Extension (on the ground)

- ELITE Clogging
 - Can complete advanced level steps while keeping up with music at a faster pace
 - Complex double-double combinations while keeping all the sounds separate
 - Clear double and single pullback steps incorporated into choreography
 - Complex combinations that involve all sounds of the foot (doubles, toes, heels)
 - No shuffling of feet and high knees when completing steps (i.e. high energy)
 - Ability to match the other dancers and teacher to sound as 'one shoe'
 - Incorporating sharp arm choreography along with clogging steps